



Capital Area United Way

What your Donation Can Provide

Every dollar that is donated to the Capital Area United Way makes a difference in the lives of thousands of people in our area. United Way helps fund programs that serve all ages, from all walks of life. Listed below are a few ways your donation will be used to make our community even stronger.

For a donation of...

\$100 a year you could provide...

- Emergency food for 3 families (Food Pantry), OR
- Addiction prevention manuals for 4 youth to help them understand the impact alcohol and other drugs can have on their lives (Capital Area Counseling Services), OR
- Groceries for a family of 4 after they experienced a fire in their home (American Red Cross), OR
- Counseling for 3 families to help them overcome their financial obstacles, prevent homelessness, and keep the family together (Consumer Credit Counseling Services), OR
- One week of Power Hour homework help for a youth (Pierre Boys & Girls Club), OR
- 5 students with employability skills training in area of customer service, workplace ethics, organizing skills, self management, and job seeking/finding (The Right Turn)

\$250 a year you could provide...

- 15 nights of safe shelter for a mother and child (Missouri Shores Domestic Violence Center), OR
- 50 nutritional meals to fight hunger in our community (Banquet), OR
- A year membership for one Senior Adult so that they can stay active, both physically and socially (Oahe YMCA), OR
- 10 at risk youth with learning difficulties with one hour of one on one tutoring sessions (The Right Turn), OR
- Send 7 boys to Webelos Summer Camp for a 4-day experience (Sioux Council Boy Scouts), OR
- Allow a troop of 10 girls to learn a new skill (Girl Scouts of Dakota Horizons Council)

\$500 a year you could provide...

- 200 at risk elementary child a backpack to take with them over the weekend filled with nutritious food each Friday for a month (Backpack Program), OR
- 90 days of service for a juvenile offender (Teen Court), OR
- 2 months of mental health counseling to a child who has been sexually abused (Missouri Shores Domestic Violence Center), OR
- 6 meals and 6 nights of childcare for families attending a Common Sense Parenting class (Growing Up Together), OR
- Replace lost prescriptions and glasses for one person who experienced a fire (American Red Cross), OR
- Fitness and health activities and programs for one youth for a period of 2 weeks (Pierre Boys & Girls Club)

\$1,000 a year you could provide...

- 62 patients with colon cancer screening (Urban Indian Health), OR
- Substance use screenings for 20 adults having problems with alcohol or other drugs (Capital Area Counseling Services), OR
- Needed emergency assistance for 5 families who need help with basic needs i.e. utility and heating, rent, clothing, gas, cleaning & personal hygiene items (Pierre Area Referral Service)